



Choosing healthy fish



The Fish Vet

Tips for choosing a healthy discus or an arowana or an angel are no different from choosing any other fish. Fins erect, not frayed and without kinks, belly should be full, head should be to the right proportion of the body, colours must be bright (not dull), eyes should be clear, no unusual spots or blemishes, etc.

Watch their behaviour. Some fish do twitch a little as form of communication. Watch that fish are not flashing, or doing anything else unusual. Do some research on the fish of your choice and know your fish. Check also, what other fish are kept with the discus in the tank. Ensure the other fish are also healthy.

Two points are really important during this step:

- Check the filtration system and see if they are being shared with any other tanks.
- Make sure you check the health of the fish in those other tanks.

And finally, it is important to check out all the other fish tanks in the shop. It will give an indication as to how these fish have been treated. Check all the tanks in the shop. Make sure everything also applies. All fish healthy. Look for signs of excessive use of medication (greenish water). No dead dying fish lying around for ages. The take home message is that a good shop will provide you with good healthy fish. But keeping a shop good and fish healthy may incur extra expenses, but this investment on your part will prove beneficial.





Enjoy your fish!

For more detailed information contact [The Fish Vet](#)

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